

## What Is An Employee Assistance Program (EAP)?

Everyone has personal problems during their life and sometimes outside help is needed to solve these problems. Your employer offers an Employee Assistance Program as a benefit. This confidential program provides personal assessment and counseling services to help you and your family overcome problems and difficulties.

## What Kinds of Problems Does EAP Cover?

- Stress
- Family conflict
- Work Problems
- Relationships
- Drug/ Alcohol
- Financial problems
- Marital
- Parenting
- Health
- Emotional
- Grief
- Legal

The earlier problems are identified and dealt with, the better it is for everyone involved. Small problems become large problems if they are not handled correctly. Your EAP can help, whether *your* problem is large or small.

## Are Services Confidential?

All personal issues discussed with your EAP counselor are absolutely confidential. No information about you

can be shared with your employer without your signed consent.

## Who Provides These Services?

Our EAP services are provided by Corporate's EAP which is a regional EAP provider. Corporate EAP has a team of certified, licensed professionals who provide personal assessment, short term counseling, education, crisis intervention and referral to other community providers when necessary.

## How Much Do EAP Services Cost?

There is no direct charge to you for basic EAP services. Your employer has coverage for most EAP services, but limits may vary. You can check with your Human Resources representative or call Corporate EAP for specific information on your coverage.

## How Do I Arrange for EAP Services?

To arrange for services or for further information, you may contact your company EAP representative, or call Corporate EAP at **419-226-9171** or **1-800-752-7923** if you are outside the Lima area.

Members of West Central Ohio Regional Healthcare Alliance, Ltd. include:

- ◆ **Joint Township District Memorial Hospital**  
200 St. Clair Street  
St. Marys, OH 45885
- ◆ **Mercer County Joint Township Community Hospital**  
800 West Main Street  
Coldwater, OH 45828-1698
- ◆ **St. Rita's Medical Center**  
730 West Market Street  
Lima, OH 45801
- ◆ **Van Wert County Hospital**  
1250 South Washington Street  
Van Wert, OH 45891-2599

EAP services available at the following locations

- > **Lima - Main office**  
1875 S. Dixie Highway  
Lima, OH 45805  
419-226-9171  
1-800-752-7923
- > **St. Marys**
- > **Wapakoneta**
- > **Coldwater**
- > **Van Wert**
- > **Ottawa**